



# The Boot & Shoe

Lunch 12pm - 2.30pm

7 days a week

## SIDES

Chunky chips £3.50  
Beer battered onion rings £3  
Fresh vegetables £2.50- GF  
Garlic ciabatta £2.50  
Dressed salad £2.50- GF  
Garlic ciabatta with cheese £3.50

## STARTERS

Fresh homemade soup served with sourdough and onion bread £7 VEG/ available with GF seeded roll

Sticky maple and chilli ribs with New Orleans slaw £8-  
**contains nuts**

Spanish butterbean, tomato & smoked paprika casserole served with caramelized red onion sourdough bread £7 -  
V

## MAIN COURSE

Southern fried crispy chicken breast, smoked streaky bacon, jalapenos, Monterey cheese and New Orleans coleslaw served in a beer crystal sourdough roll with gem lettuce, salsa, gherkins, beer battered onion rings, chunky chips and salad £14.50 – **contains nuts**

Whitby scampi served with tartare sauce, chunky chips, garden peas and salad £15.50

Garden vegetable burger- topped with Monterey jack cheddar and caramelized red onion marmalade served in a beer crystal sough dough roll with gem lettuce, salsa, gherkins, beer battered onion rings, chips and salad £13.50- VEG/ V without cheese

Cheese omelette served with salad- VEG/ GF £12

Cumberland sausage, cheddar cheese and caramelized red onion marmalade baked in a ciabatta served with chunky chips and salad £13

Vegetable moussaka served with crispy salad- GF/ VEG £14

8oz Beer battered haddock fillet served with mushy peas, tartare sauce and chunky chips £16.50

**We take every care & attention to identify the allergens that are in our ingredients, but we cannot guarantee that our food is 100% allergen free, due to the risk of cross contamination of trace allergens during the preparation processes. This includes items that are cooked in our deep fat fryers where ingredients that include gluten have also been cooked. Please check every item including accompanying dishes.**

**VEG- Vegetarian / V- Vegan / GF- Gluten Free**



## PUDDINGS

All served with a choice of double cream or ice-cream

Cheese cake £7

Chocolate fudge cake £7

Cartmel sticky toffee pudding £7

Raspberry white chocolate roulade £7- GF

## LUXURY ENGLISH LAKES ICECREAMS AND SORBETS £2 A SCOOP

Madagascan vanilla

Salted caramel

Raspberry white chocolate

Mango sorbet

Blood orange sorbet

All are Gluten Free/ Sorbets- Dairy and Vegan

## SANDWICHES

All served on a choice of thick farm house granary or farm house white bread with a dressed salad and vegetable crisps.

Cheddar cheese with Branston pickle £6.50

Honey & mustard baked ham and tomato £7

Prawn Marie rose £7

## CHILDRENS MENU

Small beer battered haddock or scampi served with garden peas and chunky chips £8.50

Chicken nuggets served with baked beans and chunky chips £6

Cumberland sausage served with creamy mash, peas and gravy £6.50